20. How do I choose a major?

The very best way to choose your major is by participating in a career exploration process. You are probably becoming educated in order to enjoy a prosperous and interesting life and your work will a big part of that life. Along the way to discovering what you want to do with your time and energy, you will get information about the education you need to have in order to do it. That is your major. Some students also use a sampling method that involves taking GE courses in a number of disciplines to determine which one interests them most. One disadvantage of this method is that it can take a long time for such a process of elimination. Certainly, if you use this method, it is important to learn what you might do with your major and decide whether any of the possibilities appeal to you.