

## WHAT IF...

- ...something happened and you were no longer able to do the things that you do every day?
- ...a disease, such as Parkinson's or Alzheimer's disease, took away physical or mental abilities?
- ...an illness caused you to lose mobility or functionality, such as transferring or dressing?



## LONG TERM CARE SERVICES

*are designed to help in these situations.*

They may be needed if an accident, prolonged illness, or disability makes it difficult for you to care for yourself. Services may be provided in a number of places, such as:

- In your home (including modifying your home for better care)
- In a Residential Care Facility
- In a Nursing Facility

In each case, long term care is designed to meet your chronic health or personal care needs over an extended period of time. It helps you with things that make it difficult for you to care for yourself, so you can continue to live as independently as possible.

**Long Term Care insurance can help. Call today to find out how.**

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