

IMPERIAL VALLEY COLLEGE
HEALTH ASSISTANT PROGRAM

BEGINNING STEPS:

1. **KNOCK & PAUSE BEFORE ENTERING THE RESIDENT'S ROOM**
2. **INTRODUCE YOURSELF (NAME & TITLE)**
3. **IDENTIFY THE RESIDENT (CHECK ID BRACELET)**
4. **EXPLAIN THE PROCEDURE TO THE RESIDENT**
5. **LOCK THE BRAKES TO THE BED, GURNEY OR W/C**
6. **WASH YOUR HANDS !**
7. **GATHER THE EQUIPMENT, (IF APPLICABLE)**
8. **PROVIDE FOR PRIVACY**
9. **APPLY GLOVES, IF NECESSARY**
10. **IF GETTING THE RESIDENT OUT OF BED, APPLY :**

NON – SKID SHOES !
11. **WHEN STARTING THE PROCEDURE ONLY LOWER THE SIDERAIL ON THE SIDE WHERE YOU ARE WORKING ON & HAVE THE OPPOSITE SIDERAIL UP.**