

AP 5200 Student Health Services

Reference:

Education Code Section 76401

Student Health Services recognizes that wellness is essential to academic success. We are committed to recognizing the health needs of our diverse student population and promoting the social, emotional and physical wellbeing of our students so that they may achieve their academic goals.

We strive to promote services and health education programming designed to prevent and resolve health problems which may interfere with student retention and success.

Wellness Screenings (NOT full exams):

- Body mass index (BMI)
- Cholesterol, lipid profile (at annual Health Fair)
- Diabetes and blood pressure
- Respiratory assessment & Tuberculosis (skin test only)
- Vision and hearing
- Ongoing health education on campus
- Osteoporosis diagnostics at additional cost

Assessments, counseling, & referral for health services

- Nurse practitioner is available 4 hours a week

Basic first aid during hours of operation

Immunizations:

- Measles (MMR) & Polio
- Tetanus & Diphtheria
- Gamma Globulin
- Influenza for high risk students
- Hepatitis & other elective immunization at additional cost

Physicals for students participating in IVC approved programs (not intercollegiate sports physical)

Healthcare for Men and Women:

- Annual breast exams, pregnancy screening & pap smear
- Counseling / prescribing for birth control or hormone replacement therapy
- Sexual responsibility education & sexually transmitted disease screening
- Mammography at additional cost to students

Health Education Programs by Health Educators and Community Resources

- HIV/AIDS
- Condom awareness
- Bloodmobiles
- Great American Smoke-out
- Date rape awareness

- Alcohol and drug awareness

Weight Control:

- Didactic series on health promotion & disease management
- Monitoring of weight, BMI, and counseling

Lactation Room and Breastfeeding Resource:

New moms who are breastfeeding will have a quiet, private room to extract milk for their babies while attending school.

Over-the-counter medications for pain, allergies, diarrhea, minor cuts, wounds and eye wash.

Wellness assessment and health fairs.

STUDENT MEDICAL RECORDS ARE CONFIDENTIAL**Cost to student**

The Student Health Services Program is supported by the IVC Student Health Fee. Most general services as outlined are provided without charge. Laboratory tests requiring off-campus analysis are offered for a fee.

Insurance Coverage

The Student Health Fee supports insurance coverage for accidents occurring on campus or at college-sponsored activities off campus. It is the student's responsibility to report any accident to the instructor, athletic trainer or the Student Health Center immediately. Voluntary 24-hour coverage for non-college related accidents or for medical expenses due to an illness may be purchased on an individual basis. This accident insurance is secondary. An application may be obtained in the Student Health Center or the Student Affairs Office.

When Visiting the Centers

If you will be visiting any of the sites please allow extra time before your appointment to fill out information forms. Remember to bring your current IVC I.D. card and a copy of your official class schedule printout from WebStar as evidence that you are a current IVC student. If you are covered by an insurance company, please bring your insurance card or a copy of your parent/guardian's card. Service will be available in a timely manner if you call ahead of time for an appointment.